

THE GUIDE

For Broxbourne's Young People 11-19 Years

January - March 2012

Bored?

Looking for something to do?

Have a look and find out what is going on in Broxbourne for young people.



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FREE

LOW
COST

Look out for these symbols for a key to free or low cost (50p -£4) activities

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Hertfordshire
**Saver
Card**

HALF FARE BUS TRAVEL FOR STUDENTS AGED 11 to 18



In Hertfordshire you are not entitled to half fare unless you have a Hertfordshire SaverCard...

...if you are a student aged 11 to 18 in full-time education you can apply for a SaverCard which will allow you to travel for half fare*.

*Terms and conditions apply

DID YOU KNOW?

**APPLY
on-line**

Passenger Transport Unit
www.hertsdirect.org/savercard
0300 123 4050



Welcome to 'The Guide' Venue Contact Details

Broxbourne Civic Hall

High Street, Hoddesdon, Herts, EN11 8BE.
Tel: 01992 441946

Y.ART (see page 39)

57-58 Bartholomew Court,
Waltham Cross, EN8 7JU.

Y.ART address could move to any other empty shop in Waltham Cross, keep your eyes open! Check for address and openings.

Email: y.art@broxbourne.gov.uk
Tel: 01992 785555 ext 1526

Cheshunt Park Golf Centre

Park Lane, Cheshunt, Herts, EN7 6QD.
Tel: 01992 624009

Grundy Park Leisure Centre

Windmill Lane, Cheshunt, Herts, EN8 9AJ.
Tel: 01992 623345

The John Warner Sports Centre

Stanstead Road, Hoddesdon, Herts, EN11 0QG.
Tel: 01992 445375

Herts Young Mariners Base (HYMB)

231 Windmill Lane, Cheshunt, Herts, EN8 9AJ.
Tel: 01992 628403
Website: www.hymb.com

Wolsey Hall

Windmill Lane, Cheshunt, Herts, EN8 9AA.

Website: www.youth.broxbourne.gov.uk

Email: leisure@broxbourne.gov.uk

Youth Development Officer:

01992 785555 extension 5908

DAY TRIPS



This event continues to be very popular so be sure to book early to avoid disappointment.

Day trips can be booked at Broxbourne Civic Hall, Council One Stop Shops or by calling 01992 441946.

Zoo Crew

Monday 13 February

Paradise Wildlife Park,
White Stubbs Lane,
Broxbourne

Ages: 11 - 16

If you love animals then this is the event for you! Come to Paradise Wildlife Park and be a Zoo Keeper for the day. Care, feed and interact with the animals.

Please wear old clothing and bring a packed lunch.

Cost: £27

Time: 10am - 4pm (please meet at Paradise Wildlife Park at 9.50am)

The trip is for young people only and parents/guardians cannot participate on the trip.

OLYMPICS

Sports Makers

The Sport Makers programme, funded by the National Lottery, aims to recruit tens of thousands of new sports volunteers aged 16 and over to organise and lead community sport activities across the country. Everyone who chooses to become a Sport Maker will

be invited by their county sports partnership to come to a workshop and support them to find local opportunities to increase participation in sport.

Further details on volunteering opportunities are available online at: www.hertsisreadyforwinners.co.uk/volunteering.html

Olympic / Cultural Olympiad

As host borough for the canoe slalom in the London 2012 Games, Broxbourne Council are hosting a number of Olympic-inspired events during the Spring and Summer of 2012. Put these dates in your diaries.

- **St George's Day 2012 (21 April 2012)** - traditional British fete at Grundy Park
- **SuperNova 2012 (13 May 2012)** - sporting and cultural event for children with additional needs at John Warner Sports Centre
- **One Month and Counting (23 June 2012)** - a celebration of sport and culture in Waltham Cross Town Centre
- **'Open Doors' 2012 (23 & 24 June 2012)** - free access to activities at Grundy Park Leisure Centre and John Warner Sports Centre
- **'Ready, Steady, Go' exhibition at Lowewood Museum (July-September 2012)**
- **Torch Relay (7 July 2012)** - the Olympic Torch is coming to the White Water Centre and to Waltham Cross
- **Herts Youth Games (8 July 2012)** - see pages 7 & 8
- **Big Dance 2012 (14 July 2012)** - mass participation dance event in Waltham Cross town centre
- **Urbathalon 2012 (21 July 2012)** - extreme sport event at Pound Close
- **Godiva Awakes (4 August 2012)** - national Cultural Olympiad project with a giant puppet on bikes coming through the borough
- **Celebrating Our Community 2012 (5 August 2012)** - a celebration in Cedars Park of the diverse communities living and working in Broxbourne

OLYMPICS (continued)

For further information about the London 2012 Olympic Games, including details of volunteering opportunities, visit www.london2012.com

Hertfordshire is
READYFORWINNERS

For further information about Hertfordshire's involvement with the Olympic Games, don't forget to visit www.hertsisreadyforwinners.co.uk or follow the Herts Is Ready For Winners Partnership on Twitter @ReadyForWinners



Herts Youth Games 2012

Sunday 8 July

Ages: Children and young people. This is your chance to represent Broxbourne in the Herts Youth Games 2012. This is an annual event held at the Herts Sports Village in Hatfield competed by the 10 Hertfordshire districts. Sports that will be included are Football (girls), Table Tennis, Basketball (boys), Badminton and Athletics. For further information or to register your interest please call the Youth or Sports Development Officers on 01992 785555 ext 5908 or keep an eye on www.broxbourne.gov.uk/hy

See advert on page 8 >

Tottenham & Enfield Boxing Club / Waltham Newtown Youth Club

Juniors: Mondays, Wednesdays, Fridays 5.30pm - 7pm

Seniors: Mondays, Wednesdays, Fridays 7.30pm - 9.30pm



Pay and Play Activities - Badminton / Table Tennis

During school holidays and weekends (subject to availability) 9am - 4pm

Grundy Park Leisure Centre

Ages: 5 - 16 years



Come and have fun with your friends and family by booking a badminton court or a table tennis session. Pre booking is essential as sessions are subject to availability.

To book a session, call 01992 623345.

Cost: Badminton £5.60 per hour and Table Tennis £3.50 per hour

The Tottenham & Enfield Boxing Club was formed in 1946 as the Enfield Boxing Club. It is a highly successful amateur club which has 21 carded boxes and was involved in over 80 bouts last season. Football training is also provided at the centre. For more information contact Mr Stuart Clench on 07795 223349.

Cost: £3 per session plus membership fee.

Herts Youth Games



Sunday 8 July

This is your chance to represent Broxbourne in the Herts Youth Games 2012. The Herts Youth Games is an annual event contested by the 10 Hertfordshire districts at the Herts Sports Village in Hatfield.

Sports will include girls football, hockey, badminton, table tennis, basketball, indoor athletics and boccia. Trials and training will take place throughout the Spring. Please visit www.broxbourne.gov.uk/hyg for details

For further information or to register your interest please call the youth or sports development officers on 01992 785555 x 5908.



Cheshunt Amateur Boxing Club

Mondays, Wednesdays:
Beginners class 6pm - 7pm
Senior carded members and adult keep fit 7pm - 9pm

Tuesdays, Thursdays:
Young people keep fit 6pm - 7pm
Junior carded members and women's keep fit 7pm - 9pm

Friday:
Mixed session for all keep fitters and carded members any age
7pm - 8:30pm

The Cheshunt Club, Albury Ride,
Cheshunt, EN8 8XG.

Ages: 8+

Qualified coaches train members in boxing skills and techniques as well as general fitness. Contact Mark Bliss (Senior Coach) on 07956 121847 for further information.

Cost: £3 for carded juniors and seniors and children under 16

£5 for adult keep fitters men and woman aged 16 or over



Saracens Cheerleading

Fridays, 8pm - 8.45pm (term time)

The John Warner School, Stanstead Road,
Hoddesdon. Herts. EN11 0QF

Ages: 5 - 15 years

These Saracens Cheerleading sessions have been developed in consultation with the professional cheerleaders at Saracens F.C; the Saracens Sensations; and award winning community dance coaches.

These fun and explosive dance sessions focus on the fundamental movements and techniques associated with traditional cheerleading along side complex stunts and chants. These fun filled sessions have been designed to develop creativity, team spirit and enhance the dance and performance skills all those involved.



These sessions are open to all children aged 5 - 15 and provide aspiring young dancers with a professional and safe environment within which they can master the cheerleading discipline.

For more information, please email clarebellchambers@saracens.net



Slalom Canoeing Team and Cheshunt Olympic Preparation Squad

Wednesdays: 4.30pm - 6.30pm

Saturdays: 9:30am - 11:30am (except on competition weeks)

Herts Young Mariners Base, Windmill Lane, Cheshunt, EN8 9AJ

Ages: 9 - 18

If you are already experienced in kayaking or canoeing, come and learn the skills required to become a competitor. This squad focuses on skills required for competing in, for example, Slalom, Marathon, Sprint and Polo Competitions.

The squad also offers opportunities throughout the year to attend competition events in various disciplines.

For more information or to book your place please contact HYMB on 01992 628403 or email Outdoors@HYMB.com

Cost: £5 HYMB membership (yearly) plus £4.80 per session



Cheshunt Cricket Club

Tuesdays (training), 6pm
Match times can vary

Ages - All ages welcome

Cricket coaching for all ages, boys and girls. Matches are arranged depending on age mix.

Older colts (over 14) who are good enough will play in Sunday friendly team or in league teams on a Saturday.

For further information please call the club on 01992 623920.

Cost: Up to £5 per season depending on age.



FOOTBALL



Friday Night Football

Fridays, 6pm - 9pm

Goffs Sport & Arts Centre, Goffs School, Goffs Lane, Cheshunt.

Enjoy an informal kickabout with your friends on Goffs' modern astroturf surface. These sessions are unsupervised but staff from the centre are on site should they be required.

Cost: FREE



Pay and Play Football

Half Term from 13 - 18 February,
Easter 2 - 6 April and 10 - 15 April

The John Warner Sports Centre,
Hoddesdon

Ages: 8 - 18 years

Come along and play football with your friends on the Astro Turf pitches in these unsupervised sessions.

Cost: £1.10 per child aged 8 - 16 years
£3.10 per person aged 17 - 18 years

Time: 9am - 4.30pm

To book call 01992 445375.



Hoddesdon Owls Girls & Ladies Football Club

Wednesdays

John Warner Sports Centre, Stanstead Road,
Hoddesdon.

Hoddesdon Owls FC is a girls and ladies specific club that offers quality coaching across a wide variety of age groups, and the opportunity to play competitive league football. New members are always welcome, and regardless of ability, new members will enjoy the training sessions.



For more information, contact Colin Ince on 01992 462584 or 07828190628.

Cost: First session free then £5 per session thereafter.

Time: 6pm - 7pm (Girls)
7pm - 8pm (Ladies)

Free Running

Every Sunday

Grundy Park Leisure Centre, Cheshunt
Free running workshops offer students the chance to enter into a personal training programme that includes stretching, strength, stamina training, diet/nutrition and spatial awareness exercises.

The workshops are a complete mind and body experience for all experience levels to enjoy. For further information contact James Howes on 07855 833736.

Cost: The cost is £5 for a 1 hour session or £10 for a 2 hour session.

Time: (Ages: 11-16) 2pm - 3pm Beginners
(Ages: 16+) 3pm - 4pm Beginners
(All ages welcome) 4pm - 6pm Advanced session.



Learn to Play Golf

For complete beginners to those who know a bit!

Cheshunt Park Golf Centre

You don't need to have any equipment to start, just the willingness to try something new. It's challenging, fun and a great hobby. Both individual and group coaching available. Lessons focus on swing, short game, basic rules, etiquette and playing. **All lessons must be booked and paid in advance.** For further information, call the Golf Centre on 01992 624009. For lesson enquiries call Adrian Shearn on 07940 496248 or email him at learnwithshearn@hotmail.co.uk

Saturday Club (3 week courses):

8.45am - 10am, 10.30am - 11.45am or 3.00pm - 4.15pm

Course 1: 14, 21, 28 January

Course 2: 4, 25 February, 3 March

Course 3: 10, 17, 24 March

Cost: £15 total for 3 week course



Midweek Club (4 week courses):
Wednesdays, 4pm - 5.15pm

Course 1: January 25, February 8, 22 and 29

Course 2: March 7, 14, 21 and 28
Thursdays, 4pm - 5.15pm

Course 1: January 26, February 9, 23, and March 1

Course 2: March 8, 15, 22 and 29

Cost: £20 total for 4 week course

Half term Junior Coaching

Monday 13 - Thursday 16 February, 10am - 1pm

Cost: £15 per day or £50 for 4 days, saving £10

BJJ Hertfordshire

Monday, Thursday and Saturday

Salisbury Road, Hoddesdon, EN11 0HY.

Ages: Kids under 15, adults over 16

BJJ Hertfordshire offers Brazilian Jiu Jitsu and submission grappling classes. Get fit, build confidence, have fun and learn one of the most effective ground based martial arts. We operate an open door policy, everyone is welcome, as long as you are willing to respect your training partners.

For more information including training times, call Enzo Vullo on 07867511803 or visit

www.BJJHertfordshire.co.uk

Cost: £5 per hour
monthly membership available



Cheshunt Karate Club



Tuesdays and Thursdays

Rosedale Sports Club, Andrews Lane, Cheshunt (Tuesdays)

Goffs Oak Junior School, Millcrest Road, Goffs Oak (Thursdays)

Ages: 7 - 16

We practice traditional Shotokan Karate, including self defence BAG workouts, cardiovascular exercises and stretching.

For further details please contact Sensei Pell on 07710523861 or 01992 620817 or check out their website at www.cheshuntkarate.co.uk for more information.

Cost: £4 per hour for under 18s
£6 per hour for over 18s

Time: Tuesdays 7.15pm - 8.15pm
and 8.30pm - 10.00pm
Thursdays 7pm - 8pm
and 8pm - 9.30pm

KSTSK

Tuesdays, 6.30pm - 7.30pm

Goffs Sport and Art Centre, Cheshunt

Sundays, 4pm - 5pm

The John Warner Sport Centre, Hoddesdon

Ages: 6+. Shotokan Karate promotes fitness, discipline and etiquette through structured classes taught by qualified instructors. All classes are professional and progressive.



For further information call 07866 374674, or visit www.kstsk.co.uk

Cost: Free introductory lesson followed by £5 per session.

Weekly Multi-Sports Sessions

Mondays, 4pm - 6pm Pound

Close Kickabout Court, Hoddesdon

Wednesdays, 6.15pm - 8pm

Holdbrook kickabout court, Waltham Cross

Thursdays, 6pm - 8pm

Cheshunt Park kickabout court, Cheshunt Park, Park Lane, Cheshunt

Ages: 11 - 17

Using the council's kickabout courts our experienced staff will run multi sports sessions every week. Sports include football, tennis, basketball, uni hockey and many more fun sports. Shinpads recommended! Turn up to play.



For further information please contact the Council on 01992 785555 ext 5908.

Cost: FREE



Outdoor Activities

Throughout the Hertfordshire School holidays

Herts Young Mariners Base, Windmill Lane, Cheshunt, EN8 9AJ.

Ages: 9 - 18

A daily programme of activities is available throughout the school holiday periods, including caving, sailing and kayaking. Either take part in a half day or a full days activities.

For more information or to book a place, please contact HYMB on 01992 628403 or email on Outdoors@HYMB.com.

Cost: £35 for full day, £20 for half day

Time: 9:30am - 12noon, 1pm - 3:30pm



NETBALL



Why not join a local netball club...

ASCO Junior Netball Club

Sundays 9:30am-11am (Years 3-7)
11am-12:30pm (Years 8-11)

Turnford School, Mill Lane, Cheshunt, EN8 0JU

Qualified coaches teach netball skills, tactics and team play on Sundays ready for competitive fixtures on Saturdays. All abilities welcomed. Overseas tour every other year. For more information contact Marcia Alcock on 07720 393336 or visit www.asconetballclub.co.uk

Cost: £60 per term

Cheshunt Netball Club

Thursday evenings,
6.30pm - 9pm (depending on age),
(September - Easter only)

Wormley Playing fields, Church Lane, Wormley

Matches run throughout the year on Mondays, Thursdays and Saturdays. Coaches are qualified and CRB checked. For further information please call Brenda Brewer on 01992 620651 or Clea Holmes on 07725 580429.

Cost: £65 per year



Turnford Netball Club

Thursday evenings, 6pm - 10pm
(September - Easter)

Goffs Sports and Arts Centre, Goffs School, Goffs Lane, Cheshunt (matches played at Wormley Playing Fields)

Ages: 8+.

Turnford Netball Club was formed in 1967 and offers coaching and competition for all ages. Young people are also encouraged to develop coaching and umpiring skills. The club organises its own leagues and weekend events but are also invited to tournaments both in this country and overseas. New members welcome. For more information, contact Maureen Ball (President) on 01992 463634 or visit www.turnfordnetballclub.net.

Cost: New members £60 per annum

Saturday Adventure Club

Saturdays 9.30am - 11.30am

Herts Young Mariners Base (HYMB),
Windmill Lane, Cheshunt, EN8 9AJ.

Ages: 9 - 18

The Saturday Adventure Club is a weekly club where 9-18 year olds can try fun activities and to allow for skill development. Come down and try a range of activities from sailing, rock climbing to kayaking.

For more information, contact Sarah Limbrick at HYMB on 01992 628403, email outdoors@hymb.com, or visit www.hymb.com

Pre-booking is essential for this project.

Cost: HYMB Membership £5 (for the year), £4.80 per session



SJS Self Defense Ltd

Various times and days please call for details

Various venues around the borough

Ages: 9 - 15 and 16 +

Self defence classes for juniors and young people. Young people will gain confidence and improve fitness. They will learn how to counter an attack through simple and effective techniques. Advice is given about awareness and verbal confrontation.

Classes are held in a friendly atmosphere. Steve Spicer, a member of the National Coaching Federation, sports coach UK and level 3 Ju-Jitsu coach provides instruction. In addition to the self defence SJS are now offering Boxercise and Keep Fit classes (please be aware minimum age for these classes is 11 years of age).

For further information or to book a class please call Steve Spicer on 01992 444451 or 07923493510. Check out SJS's website at: www.sjselfdefense.co.uk.

Cost: First lesson free, then £5 a session for a six week booking. Individual sessions are £6 each.



Cheshunt Park Skatepark

Thursday 26 January,
2.30pm - 7.30pm

Cheshunt Park Golf Course, Park Lane,
Cheshunt,

An open afternoon / evening is being held to discuss proposed plans for a new skatepark in Cheshunt Park. All are welcome. If you cannot attend the meeting, a comment page is set up on the council website at www.broxbourne.gov.uk/cpskatepark

Contact Broxbourne Council's Golf Centre Manager on 01992 624009 for further information.



Broxbourne Sailing Club

Saturdays - 10am onwards

Wednesdays - 6pm onwards

Meadgate Road, Nazeing, EN9 2PB.

Ages: 5 - adult

Broxbourne Sailing Club offers instruction in sailing, cruising and racing. Please contact Geoff Town on 01277 821355 or email geofftown@talktalk.net for further information.

Cost: Varies depending on membership and activity.

Special Needs Swim

Sundays - 4pm - 5pm

John Warner Sports Centre, Hoddesdon

Any age can attend these unsupervised sessions, organised in Partnership with and supervised by Hoddesdon Swimming Club who will be offering advice and assistance to those taking part in the sessions. Free to swimmer and carer. Call 01992 445375

Cost: FREE



Special Needs Swim

Sundays - 4pm - 5.45pm

Grundy Park Leisure Centre, Cheshunt

Free to swimmer and carer just turn up and enjoy this session which is supervised by ASA level 2 teachers. Call 01992 623345.

Cost: FREE



Afternoon Fun Swim

Grundy Park Leisure Centre



During school holidays:

Tuesday - Fridays, 1.30pm - 3pm

Term time: Saturdays, 2pm - 4pm

John Warner Sports Centre

During school holidays:

Mon/Tue/Thur/Fri, 12.30pm - 2pm

Term time: Sundays 10am - 11am

Ages: Any age (pool policy applies).

Come and have fun with your friends and family in the swimming pool playing with the large floats and listening to the music. No need to pre-book. Non members welcome.

Cost: Adult £4.25, Junior £2.40
Family £10.00 (2+2 or 1+3)

Hoddesdon Swimming Club

John Warner Sports Centre, Stanstead Road, Hoddesdon, EN11 0RH.

Haileybury Sports Complex, Haileybury, Hertford, SG13 7NU.

Simon Balle School, Mangrove Road, Hertford, Herts. SG13 8AJ.

Ages: 6+

Hoddesdon Swimming Club is a swim21 accredited club at Teaching and Skills Development Level.

Established in 1985 the club encourages competitive swimming and the opportunity for everyone to reach their full potential. The different squads allow individuals a choice.

Whether you are a seriously ambitious individual aiming for the Nationals, or simply want to swim for fitness and social reasons the club has a squad for you.

For further information, contact Janet Warrington (Head Coach - 07729 892729) or Kerrie Waters (Membership Secretary - 01920 411291) or visit their website at:

www.hoddesdonsc.co.uk

Cost: Depends on squad

Time: Depends on squad



Swim4Fitness

Monday: 12.30pm - 1.45pm

Tuesday - Saturday:
12.30pm - 1.30pm

Grundy Park Leisure Centre

Come along and take part in the Swim4Fitness programme at Grundy Park Leisure Centre. The programme, in association with Zoggs, is aimed at swimmers from a basic beginner to the experienced fitness swimmer. At the beginning of your swim you will be given the choice of different programmes to follow. The programme is included in the price of your swim.

You can register online at www.swim4fitness.com. You will be able to track your progress online setting your own goals.

Cost: £4.25



ZOGGS



Broxbourne Table Tennis Academy

Mondays, 4pm - 7pm

Grundy Park Leisure Centre, Windmill Lane,
Cheshunt

Ages: All ages

The Broxbourne Table Tennis Academy is a registered English Table Tennis Association Premier Club, which provides the upmost in group/individual coaching for all ages. BTTA provides a massive 6 court layout for all to enjoy and has highly qualified coaches to provide for any need. The club has been running since 2009 and has both junior and senior teams that compete regularly. So whether you're an experienced player or just a beginner, BTTA is the place to play.

For more information, please contact Malcolm on 01992 466060 or via email at malnors@aol.com. Alternatively please visit the club website www.btta.webs.com

Places People Play
Sportivate

LOTTERY FUNDED SPORT ENGLAND



3TENN Tennis

Tuesdays and Thursdays (term time)

Goffs School, Goffs Lane, Waltham Cross,
Hertfordshire, EN7 5QW.

Ages: All Ages

3TENN is a registered charity and grass roots junior tennis team initiative aimed at encouraging more children to play tennis. 3TENN has highly qualified coaches who are extremely committed to providing quality tennis coaching and development to all ages and abilities.

If you are keen to play for the Broxbourne 3TENN Tennis Team, or need further information then please call Mandy Bishop on 07551 285032 or email: mops@mobileemail.vodafone.net

Cost: FREE



Time:

Morning Sessions: 8.30am - 9.30am

Midday Sessions: 12pm - 1pm



Broxbourne Tennis Club

Broxbourne
Sports Club,
Mill Lane,
Broxbourne

Ages: All ages



Broxbourne Tennis Club provides high quality group and individual coaching for all ages. The club has a team of qualified coaches who can work with children and young people to develop their co-ordination, technical and tactical skills in a fun and enjoyable way.

Broxbourne Tennis Club welcomes juniors as members of the club - offering a range of very affordable subscriptions and the opportunity to enjoy the club's marvellous facilities.

There are 8 floodlit hardcourts, 3 grass courts and a mini tennis zone. By becoming a member of the club, juniors can play as often as they wish and participate in the club's extensive competitive programme of tournaments and social events throughout the year. Activities for juniors (including non members) are put on during half terms and school holidays.

For more information, contact the Junior Secretary for details of memberships and the latest programme of coaching and social sessions. The Junior Secretary is Sarah Elliott (01992 468911).

Hoddesdon Triathlon Club

Tuesdays and Fridays

John Warner Sports Centre,
Stanstead Road, Hoddesdon.

Have you ever wondered how hard a triathlon can be? Want to know how fit you are? Or just want to train in a social environment with other like minded individuals?

Hoddesdon Triathlon Club are opening their doors to new members, whether experienced or not, swimmers, runners, or cyclists. Highly qualified coaches will offer tips and advice on both land and water based activities, and are recognised with British Triathlon.

For more information, contact the Community Development Officer (Sport) on 01992 785555 Ext 5909, or nci.leisure@broxbourne.gov.uk



Cost: £2 per session

Time: 6.10pm-7.10pm (Water-based training - Tuesdays)
5.30pm-6.30pm (Land based training - Fridays)



Levitation Trampoline Club

Wednesdays, 7pm - 9pm

Fridays, 6pm - 8pm

Goffs Sports Centre Sports Hall, Goffs Lane, Cheshunt

In a friendly environment, develop the ability to jump with some of the best at Levitation Trampoline Club. Levitation provides a professional and safe jumping environment, with National Level coaches and athletes currently attending training. For more information and detail of costs, contact. Robin Atkins on 07780672379.



John Warner Jumpers

Every Sunday (term time only)

The John Warner Sports Centre,
Hoddesdon

Ages: all ages

You're never too old to learn a new sport! Come along and enjoy trampolining with these great sessions (socks must be worn and no jeans).

To book call 01992 445375.

Cost: £4.00 a session

Time: 5pm - 6pm , 6pm - 7pm



Special Needs Trampolining

Saturdays, 4pm - 5pm
(term time only)

The John Warner Sports Centre,
Hoddesdon

Ages: 16 and under

Learn and develop new trampolining skills with these great sessions for children with special needs. Children must wear socks and no jeans. To book call 01992 445375.

Cost: £4.00 a session



Special Needs Sports Club

Every Sunday, 12.15 - 1pm
(term time only)

The John Warner Sports Centre,
Hoddesdon

This new weekly special needs sports club is a fun way to meet new friends and join in with a variety of sporting activities such as badminton, football, hockey, basketball, bouncy castle and giraffe slide.

To book call 01992 445375

Cost: £4.00 a session



Fit&Well Gym

Monday - Friday, 5.30pm - 6.30pm*
Saturdays & Sundays, 7am - 6pm
*When accompanied by a parent/
guardian sessions are held until 8.30pm

If you are aged 14 or 15, then you can work out in the Fit&Well adult gyms at Grundy Park Leisure Centre and The John Warner Sports Centre.

Cost: £4.00



SHOKK®

SHOKK Gym

Grundy Park Leisure Centre

Ages: 8 - 15

A great place to work out with friends

Term Time Opening Hours

Hourly sessions start on each hour at the following times:

Monday - Thursday: 4pm - 8pm

Friday: 4pm - 6pm

Saturday - Sunday: 9am - 3pm

Half Term Opening Hours

Hourly sessions start on each hour at the following times:

Monday - Thursday:

10am - 12noon, 2pm - 4pm, 6pm - 7pm.

Friday: 10am - 12noon, 2pm - 4pm

Saturday and Sunday: 9am - 3pm

Inductions

If you are new to SHOKK, you will need an induction. These must be booked in advance by calling 01992 623345.

SHOKK Prices

SHOKK Induction	£15.25
SHOKK Gym Session	£ 4.00
SHOKK Exercise Class	£ 4.00
SHOKK Personal Training Session	£27.50



SHOKK Personal Training

Grundy Park Leisure Centre

Ages: 8 - 15

This new personal training service is for anyone aged 8 - 15 years.

Each session is 1-1 with a personal trainer so they can benefit from our experienced staff and know exactly what to do and what not to do. For further information call 01992 623345.



SHOKK Membership

Grundy Park Leisure Centre

Ages: 8 - 15

For just £15 per month (less than 50p per day!) and a one off induction fee, you will be entitled to use the range of facilities listed below at Grundy Park Leisure Centre:

- Unlimited Swimming
- Unlimited use of the SHOKK gym - with all new equipment and development area!
- SHOKK Exercise classes
- Unlimited racket sports before 4.30pm Monday - Friday and all day Saturday and Sunday



Borough of Broxbourne

“Opportunities for excellence”

A grant aid scheme for young people who are pursuing high standards in sports or arts activities.

The aim of the grant is to help and encourage talented athletes or artists to achieve their full potential.

Successful applicants will receive:

For the Arts Award

An award of up to £250 for individuals who demonstrate ability in the arts, dance, or singing.

For the Sports Award

Gold Package – Shokk/Gold Card Membership + up-to £500

Silver Package – Shokk/Gold Card membership + up-to £250

Bronze Package – Shokk/Gold Card Membership + up-to £100

(These packages are at the discretion of the awarding panel, and are non-negotiable.)

Applicants must reside in the Borough of Broxbourne Sports Award applicants must be aged between 11 and 19 years old.

Only one application per person will be accepted in any one year. The deadline to apply for the grant aid scheme is 28 February 2011.

For more information or to receive an application pack, contact 01992 785555 extension 5909 or email nci.leisure@broxbourne.gov.uk

There are also awards for talented young artists, musicians, film-makers and dancers. Please contact the Arts Development Officer on js5.leisure@broxbourne.gov.uk or **01992 785555** extension **5908** for an application form.

CLUB NIGHTS

11-15 YEAR OLDS

X-PLSION

CLUB NIGHTS

Fridays 27 January, 24 February, 30 March,
7.30pm - 10.30pm Walsey Hall, Cheshunt

Ages: 11 - 15. Guest DJs playing the best House, Garage, R&B and chart topping music. (Please note only young people in school years 7, 8 and 9 will be allowed entrance).

£4.20 in advance or £5 on the door. Tickets available from Broxbourne Civic Hall, Grundy Park Leisure Centre or by calling 01992 441946.

Broxbourne Council limit the event to a maximum of 400 people, therefore pre booking tickets is recommended.

DANCE

Shy Academy

Saturdays, 10am - 1pm

Waltham Cross Youth Centre, Stanhope Rd, Waltham Cross, EN8 7DJ

Our aim is to build confidence by creating a positive and safe environment in which to learn. We offer acting/ confidence building/ singing/ tap/ ballet/ street dance/ guitar and drum tuition.

Please contact Karen Bagnell for further information on 01992 420073 or 07983 514143 (mobile). Visit Shy Academy's website at:

www.shyacademy.co.uk

Cost: From £5 per hour.





ZUMBA®
fitness

for TEENS

Age 13 - 17

AN EXPLOSION OF MUSIC, DANCE AND ENERGY !

Zumba Teens

**Monday evenings from 30 January,
4.45pm- 5.45pm**

Flamstead End Hall, Mayo Close,
Whitefields Estate, Cheshunt, EN8 0EY.

Zumba® is a high energy exercise dance party with an awesome

atmosphere. The class uses easy to learn dance steps and aerobic exercise to a mix of Latin and pop music, incorporating various international rhythms such as Salsa, Cumbria, Reggaeton, Meringue, Flamenco, Dancehall, and Soca. Movements are executed in fast and slow intervals, and the variety of steps work on every part of the body. Zumba® fitness is an easy and fun way to improve fitness levels, lose weight, and have a good time!

Come and join the Party!



What to Bring and Wear for a Zumba® Class - Bring a bottle of water, wear loose fitting clothing and trainers or dance shoes that are comfortable but without a lot of tread.

For more information contact: The WOW Partnership on 0845 5192 488 or email info@bcwsports.co.uk

Cost: £1 per person



Doric Dance

Saturday mornings, 10am

Doric Dance Centre, 74a High Street,
Cheshunt, EN8 0AJ

We are friendly dance school, where you can learn learn to Dance Ballroom, Latin American and Disco. Open every Saturday morning, come along and learn to dance, keep fit and make friends. For further information please call Jennie Dickinson on 07903155750 or 01992 624228.

Cost: £3 per session.



LIVE MUSIC & CINEMA

Band Practice

Mondays, Tuesdays and Fridays

Waltham Cross Youth Centre, Stanhope Road, Waltham Cross, EN8 7DJ

Opportunities to book space for your band to practice. Two 1 hour slots available per night from 7pm.

Contact Youth Connexions on 01992 556515 for further information.

Time: 7pm - 9pm



CINEMA



LOW
COST

All films will be showing at
Broxbourne Civic Hall, High Street, Hoddesdon.

HANNA (12A)

Tuesday 10 January,
1pm, 4pm & 8pm

Stars: Cate Blanchett,
Eric Bana, Saoirse Ronan

A teenager who was raised by her father to be the perfect assassin is dispatched on a mission across Europe, tracked by a ruthless intelligence agent and her operatives.

Thriller. Run time: 111 mins.

THE TREE OF LIFE (12A)

Tuesday 17 January,
1pm, 4pm & 8pm

Stars: Brad Pitt, Sean Penn,
Jessica Chastain

The film follows the journey of the eldest of three boys through childhood into adulthood as he tries to reconcile a complicated relationship with his father.

Drama. Run time: 138 mins.

THE HELP (12A)

Tuesday 24 January,
1pm, 4pm & 8pm

Stars: Emma Stone, Viola
Davis, Octavia Spencer

A look at what happens when a Southern town's unspoken code of rules and behaviour is shattered by three courageous women who strike up an unlikely friendship.

Drama. Run time: 146 mins

CINEMA



(continued)

LOW
COST

ONE DAY (12A)

Tuesday 31 January, 1pm, 4pm & 8pm

Stars: Anne Hathaway, Jim Sturgess

After spending the night together after graduating, a couple of university friends meet up on the same date every year.

Romance. Run time: 108 mins.



SARAH'S KEY (12A) (Subtitles)

Tuesday 7 February, 1pm, 4pm & 8pm

Stars: Kristin Scott Thomas, Melusine Mayance, Niels Arestrup

Sarah, a journalist on the brink of making big life decisions regarding her marriage and her unborn child, starts a research article about the Vel'd'Hiv Roundup in 1942 France. She ends up on a journey towards self-discovery in the heart-breaking story of a Jewish family forced out of their home.

Drama. Run time: 110 mins

MR. POPPER'S PENGUINS (PG)

Tuesday 14 February, 1pm

Stars: Jim Carrey, Carla Gugino, Angela Lansbury

The life of a businessman changes when



he inherits six penguins and, as he transforms his apartment into a winter wonderland, his professional side starts to unravel.

Family Comedy.

Run time: 94 mins

MIDNIGHT IN PARIS (12A)

Tuesday 21 February, 1pm, 4pm & 8pm

Stars: Kathy Bates, Adrien Brody, Carla Bruni

A romantic comedy about a family travelling to the French capital for business. The party includes a young engaged couple forced to confront the illusion that a life different from their own is better. engaged couple forced to confront the illusion that a life different from their own is better.

Comedy, Fantasy, Romance.

Run time: 94 mins

CINEMA



THE CHANGE-UP (15)

Tuesday 20 March, 1pm, 4pm & 8pm



FOOTLOOSE (12A)

Tuesday 28 February, 1pm, 4pm & 8pm

Stars: Kenny Wormald, Julianne Hough, Dennis Quaid

City kid Ren McCormack moves to a small town where rock 'n' roll and dancing have been banned. His rebellious spirit shakes everyone.

Comedy, Drama, Music. Run time: 113 mins

JANE EYRE (PG)

Tuesday 6 March, 1pm, 4pm & 8pm

Stars: Mia Wasikowska, Michael Fassbender, Jamie Bell

A timid governess who softens the heart of her employer soon discovers that he's hiding a terrible secret.

Drama, Romance. Run time: 120 mins.

To book call 01992 441946, visit

Broxbourne Civic Hall or book online at www.broxbourne.gov.uk/cinema



Stars: Jason Bateman, Ryan Reynolds, Olivia Wilde

A comedy in which a married father accidentally switches bodies with his best friend, leading to a series of wildly complex difficulties.

Comedy. Run time: 112 mins

CRAZY, STUPID LOVE (12A)

Tuesday 27 March, 1pm, 4pm & 8pm

Stars: Steve Carell, Ryan Gosling, Julian Moore

A father's life unravels while he deals with a marital crisis and tries to manage his relationship with his children.

Comedy, Drama, Romance. Run time: 118 mins.

Ticket prices for all cinema screenings:

16 and under: Terrace £3.00, stalls £2.80

Adults: Terrace £4.70, stalls £4.20



LOW
COST



Sunday 22 March - Auditions

Valle Academy, Delamere Road Cheshunt.

Want to be the next Olly Murs?

The 3Music event is a platform to showcase the musical talent of young people from across Hertfordshire.

There's a chance to work with industry professionals, culminating in a live final on 7 July 2012 at the University of Hertfordshire as part of Hertfordshire's Olympic "Heart of Flame" weekend.

For further information, please call Inspirational Arts on 01992 581677 or email them on contact@inspirationalarts.org.uk.



COURSES & WORKSHOPS

Pro-Action

Ages: 5 - 25

Pro-Action is an independent charity operating as an infrastructure and support organisation to other charities and organisations working with young people within Hertfordshire. We provide support youth organisations in a number of ways;

- > activities and events for young people
- > accredited training courses for both staff and young people
- > funding guidance
- > policy development
- > representation and participation

Pro-Action aims to raise standards of provision increase the amount of positive activities and increase volunteering opportunities available to young people as well as provide support, advice and guidance to help youth organisations thrive. Visit our website for more information about the service we provide for young people and youth organisations

in Broxbourne. Alternatively call Sam Rose (DCO, Broxbourne) if you have any questions or for more information.

Web: www.pro-actionherts.org

Office: 01707 276859, Mob: 07827 947672

Baseline Film Club

Saturdays, 9.30am - 11.30am

Herts Young Mariners Base, Windmill Lane, Cheshunt, EN8 9AJ.

Young people can have the opportunity to create films with the latest HD equipment and software. This is your chance to put that idea into a professional film with Impressive CGI Effects such as explosions and muzzle flashes (as seen in the latest films) to create that awesome action film or keep it simple and create a 15 Second Short. For further information please email Film@hymb.com or visit Baseline Film projects at www.baselinefilms.com

Cost: HYMB Membership required
£5, plus £4.80 per session.

National Pool Lifeguard Qualification

Every candidate, prior to commencement of training for the NPLQ must:

- Be 16 years of age
- Meet the following basic fitness criteria:-
 - jump / dive into deep water
 - swim 50 metres in less than 60 seconds
 - swim 100 metres continuously on front and back in deep water,
 - tread water for 30 seconds
 - surface dive to the floor of the pool
 - climb out unaided without ladder / steps and where the pool design permits.

Grundy Park Leisure Centre

13 - 18 February 2012

30 July - 4 August 2012

29 October - 3 November 2012

18 - 23 February 2013

John Warner Sports Centre

13 - 18 February 2012

10 - 15 April 2012

Cost: £210 for the course



First Aid At Work Qualification

Grundy Park Leisure Centre

23 - 25 January 2012

19 - 21 March 2012

9 - 11 July 2012

19 - 21 November 2012

21 - 23 January 2013

This is a Health & Safety Executive approved course, where we work in conjunction with NUCO training. The certificate is valid for 3 years and then you can attend a 2 day requalification as long as your certificate is still in date.

Once qualified, holders of this **First Aid at Work** certificate can be used as First Aiders in the workplace in accordance with the Health and Safety at Work Act 1974. This course can be adapted to suit a particular audience, for example, clerical or engineering staff.

The First Aid at Work course is run over three days and includes both theory and practical sessions.

The **First Aid at Work** Syllabus Includes:

First Aid Priorities - Managing Incidents - Basic Life Support - Examination of a Casualty - Unconsciousness - Control of Bleeding - Fractures - Burns and Scalds - Common Illnesses - Heart Attacks - Eye Injuries - Dressings - Recording and Reporting - Regulations - First Aid Kits

Cost: £185

Time: 8.30am - 5pm

Street FM

Wednesdays and Thursdays - live radio shows

Rear Office Millars Three, Southmill Road, Bishop's Stortford

Street FM Project offers a variety of activities for young people and host an internet radio station, Street FM, run by young people and for young people.

If you're under 19 and can see yourself promoting original music, being a DJ, interviewing local musical talent or learning how to run an internet radio station then Street FM is right for you.

Contact Street FM team on 01279 655 427, email: street_fm@hotmail.co.uk.

To listen simply log on to

www.streetfm.org.uk

Cost: FREE



YOUTH CLUBS & PROJECTS

Youth Clubs

Youth clubs offer a range of programmes and activities for young people including sports, cooking, music, pool, Playstations, table tennis, discos, arts and crafts and more.

Young people have the opportunity to influence the programme to do things that they want to do. Drop in to your local youth club now.

Young People Zone (YPZ)

Every Friday (Term Time Only)

Barclay Hall, Paul's Lane, Hoddesdon.

Ages: 8 - 13

YPZ provides a fun and safe place offering air hockey, pool, table tennis, indoor games, computer games, craft and tuck shop.

For more information contact Iris Trew on 01992 462127

Cost: FREE

Time: 8pm - 9pm



Wormley Youth Night

Thursdays 7pm - 9.30pm

Youth Connexions
Hertfordshire, Wormley
Community Centre, Fairfield
Drive, Wormley, EN10 6DX.

Ages: 13 - 19

Open youth night offering arts, crafts, cooking, play stations, pool, table tennis, chance to go on trips and much more. A place for you to meet and have some fun!
For more information call Ben Ahmed on 01992 588212 .

Cost: 50p



Waltham Cross Youth Centre



Youth Connexions Hertfordshire,
Waltham Cross Youth Centre,
Stanhope Road, Waltham Cross.

Monday Night Youth Project

Monday, 7pm - 9.30pm

Open Youth nights offering sports, cooking, arts, music studio, pool, table tennis, xbox kinect. We have a music studio, computer suite and large projector for all major sporting events. A safe place where you can meet with friends and enjoy yourself. Bring a friend and get in for free!!!

Cost: FREE for first time, 50p thereafter

Duke of Edinburgh award - an excellent opportunity to gain a nationally recognised award

Tuesdays

Ages: 14+

Cost: Registration fee onto the Award Scheme

Time: Open Centre: 6.30pm - 7pm
Duke of Edinburgh project session: 7pm - 9.15pm

Waltham Cross Bike Clinic & Workshop

Tuesdays, 7pm - 8pm

Come & learn new skills, fix a bike up and you can keep it!

Cost: 50p

Waltham Cross Focus Group

Wednesdays, 7pm - 9.30pm

Ages: 13 - 25

For young people with mixed abilities and needs. Activities and programmes include:

sports, music, arts crafts, trips away and much more.

Cost: 50p

Friday Night Youth Project

Fridays, 6.30pm - 9.30pm

Ages: 13 - 19

1st Friday of the month - Karaoke Night! - Come down and sing you heart out! All the latest tunes plus old classics!

2nd & 4th Friday of the month - Open access youth club - want to play FIFA on the big screen? fancy learning some dance moves? want to watch the latest film releases? Then come along to the Friday night youth project.

Cost: 50p

3rd Friday of the month - The Sessions - Live Music Event. Showcasing the best of Hertfordshire's talents in a safe and fun environment!

Cost: £1
Time: 8 - 10pm

For more information contact Youth Connexions on 01992 556515.



Walton Road Youth Club (Hoddesdon)

Tuesdays and Thursdays

Walton Road Youth Centre, Hoddesdon.

Ages: 11 - 15

An open youth club offering indoor sports, music, playstations and television. For further information, contact M. L. Morris on 01992 466800.

Cost: 50p
Time: 7.30pm - 9.30pm



YOUTH CLUBS & PROJECTS

BHA Young People Conversation

Would like you to be part of a team working with Broxbourne Housing Association (BHA) to decide on the best services and activities to arrange for young people?

If so, would you like to come along to the BHA Young People Conversation as BHA want to talk with younger residents to make sure we are offering the services and activities that really interest you and other young people.

Incentives include cinema trips, go-karting, swimming, trips to Paradise Wildlife Park and others.

For more information, including the time of the next meeting, please contact Adriana on 01992 453 774 or email adriana.neves@broxbourneha.org.uk.

Transport can be arranged and refreshments will be provided.



Sunday Club

Sundays

10.15am - 11.15am

Goffs Oak Methodist Church,
Newgatestreet Road.

Ages: 3 - 16

The Sunday Club includes fun games, craft, cooking and thought provoking discussion around a biblical theme. For more details, contact Jacqui Seamen on 01992 625124.

Cost: FREE



Children with Disabilities Saturday Club

Every Saturday (term time only), 1.30 - 3.30pm

Turnford School Mill Lane, Cheshunt, Herts

The clubs whole aim is for children to make new friends, challenge them with activities they may not have had the opportunity to take part in before but more importantly have lots of fun, fun, fun!

For further information please call 07974262875.

Numbers for the course are limited to 18 Children.

To apply for your place please contact Jo Skill ChExs
Admin Mob: 07970498966

Email: admin@cheshuntextendedservices.co.uk

Cost: £4 per session



'XS' Youth Project

Waltham Cross

Football and basketball every **Friday, 4pm - 5pm** at Kickabout court by Skate park.



Chill 'n' Chat

Fortnightly session for young mums to socialise in the Cheshunt & Waltham Cross area. For further information about this opportunity please contact Tracy Crace on 07867 550404.

Herts E - Library

(Download E- Books, free of charge from www.hertsdirect.org)

If you are a library member you can access this service using your home PC or Mac and transfer most titles to portable devices such as the Sony e - book reader, iPod and other mp3 players and mobile phones. You can search or browse our collections and borrow up to three titles at a time for up to three weeks using your library card number and PIN (given to you by library staff). The E-Library website <http://herts.lib.overdrive.com> offer two e-book formats:

- Adobe e-books / Mobipocket

And two audio formats:

- WMA (which can be used on iPods)
- Mp3 (which can be used with most mp3 players and iPods)

Please note this service can not be accessed via public PCs in libraries.

Cost: FREE



Canada Fields

The XS project is running FREE football sessions at Canada Fields kickabout court every **Monday, 4pm - 5pm**.

Wormley

The XS project is running FREE football coaching sessions at Wormley Playing Fields every **Wednesday, 5.30pm - 7.30pm**.

Street Dance

The XS Project is running street dance for girls at Herts Regional College every **Wednesday**.

Outreach Work

Look out for the XS Project youth van in a neighbourhood near you. Containing PS3s, wii, music and more.

Current locations include:

Nightleys: Grundy Park, Goffs Lane, Wormley and Waltham Cross Playing Fields.

All Nacro XS sessions are FREE, just turn up or for further information, contact the Project Manager by:

Email: richard.harding@nacro.org.uk

Call: 07920 571 605

Text: 'XS' to 07781 474421

Volunteers

The XS Project always welcomes volunteers to help out at the projects. If you are interested please contact Richard Harding on the above number.



Young Carers' Project

Tuesdays (fortnightly), 6.30pm - 9pm

Youth Connexions Hertfordshire, Waltham Cross Youth Centre, Stanhope Road, Waltham Cross.

Project for young carers to meet other young carers in the area and get involved in exciting activities. For more information contact Ian Crichton on 01438 843694.



Young Life

Thursday evenings,
8pm - 9.30pm
(and other times)



Mannamead Centre, 101 Burford Street, Hoddesdon, EN11 8HX.

Ages: 14 - 19

Young Life is a Christian charity who organise a variety of events for teenagers. Our Thursday evening events include our crazy, fun packed 'Young Life Club', 'Pudding, Poker & Pondering' & 'Girl's Night In'. We also run football tournaments, work in schools and run amazing camps. For further information contact Rich or Elaine Youngman on 01992 446965.

Young Parents Project

There are various opportunities that young mums and dads can get involved in.

For more information, please contact

Youth Connexions on:

01992 556515 or email:

ian.crichton@hertsc.gov.uk



Wormley Free Church

Sundays, 10:30am - 11:45am

Wormley Community Centre, Fairfield Drive, Wormley.

Age: 5-11, 11+

Come along for fun and activities on a Sunday morning as part of our weekly services. We also offer other youth events and activities.

For further information call Ben Quant on 01992 410217, email

ben@wormleyfreechurch.org.uk or visit the website at

www.wormleyfreechurch.co.uk

Cost: FREE



Young Pride in Herts

Meets once a month

Ages: 16 - 25



Young Pride in Herts is a new group in Hertfordshire, where young people can meet, socialise and share experiences with others who can relate. The group has been set up by a group of LGBT young people, for lesbian, gay, bisexual, transgender, and questioning young people in the area.

For more information please email:

youngprideinherts@hotmail.co.uk or join our Facebook page Young Pride in Herts.

FRIDAY NIGHT PROJECT



Your place to:

- Hang out with entertainment
- Relax, be yourselves, & be SAFE.
- Have a night out with mates & meet new people



EVERY FRIDAY

THE PAVILION BROXBOURNE REC OPEN 4:30 – 10:30PM

Supervised sports, 5-a-side football, table tennis, table football, films, Wii, Xbox 360, music, DJ's, dance floor and cheap refreshments available.

Every third Friday of
the month is



CLUB NIGHT

Featuring the best local
DJ's and supporting acts



Search for 'Broxbourne
Friday Night Project'

In Partnership with



fearless.org
0800 555 111

Y.ART

Y.ART Shop, Waltham Cross Town Centre
57-58 Bartholomew Court, Waltham Cross
Town Centre

Try becoming an entrepreneur with Y.ART and culture, make a gallery, raise funding, create or choose art for the Y.ART gallery, negotiate for workshops in drawing, painting, sculpture, glass painting, papier-mâché, printmaking, needle felting, model making, fashion design, etching, film making, animation, character development, mask making, puppet making and writing. See how you can influence the space.

For further information about the Y.ART project, please contact the council's Arts Development Officer on 01992 785555 extension 1526.

Cost: FREE



Awesome Creation Mural

**Monday 13, Tuesday 14 &
Wednesday 15 February**

Y.ART Shop, Waltham Cross Town Centre

Age: 11+

Make something awesome, draw, paint, glue, and sculpt a 3D "Creation" Mural.

Cost: FREE

Time: 10am - 3pm



UNIFORMED ORGANISATIONS

Army Cadet Force

Cheshunt and Waltham Cross Detachments:
ACF Base (behind the) Drill Hall,
Crossbrook Street, Cheshunt, EN8 7BR.

Cheshunt:

Tuesday & Thursday, 7.30pm - 9.30pm

Waltham Cross:

Monday & Wednesday, 7.30pm - 9.30pm

Hoddesdon Detachment: ACF Hut, Century
Road, Hoddesdon, EN11 8JJ.

Monday & Thursday, 7.30pm - 9.30pm

Ages: 12 - 19

The Army Cadet Forces is a youth organisation based on and supported by the army. Cadets progress through activity star levels including military subjects, leadership skills, BTEC, Duke of Edinburgh's award scheme, adventurous activities and camping. Uniform supplied free of charge.

For further information, contact Major P. Barlow on 01992 582423.

Cost: FREE



1st Hoddesdon Boys' Brigade

Wednesdays 7pm - 9.15pm

Methodist Church Hall,
Middlefield Road, Hoddesdon

Ages: 11 - 18

The Boys' Brigade is a Christian based,
uniformed youth organisation which



provides a range of activities including various sports and games, camping, cooking, first aid training, weekends away and many others. They have a structured award scheme enabling boys to gain badges. For more information contact Mr G Ansell on 01992 444928.

Cost: £25 per term



Cheshunt Sea Cadet Corps

Mondays (canoeing) 7pm - 9pm

Herts Young Mariners Base, Windmill Lane,
Cheshunt

Tuesdays and Fridays 7.30pm -
9.30pm

Horsa Hut, College Road, Cheshunt (in the
grounds of Cheshunt School)

Ages: 12 - 18

Based on the Royal Navy, the
Sea Cadets focus on water
sports, outdoor activities,
Duke of Edinburgh Awards,
BTEC National Diplomas and lots of
other fun activities. Contact
Keith Rich on 07950 291484.

Cost: £1 per week



Girlguiding South East, Hertfordshire

Meets weekly during term time

Ages: 10 - 14

Females only

Girlguiding gives guides the opportunity to take part in fun activities from clothes design to adventurous abseiling. Guides will also have the chance to take part in fantastic day trips and camps that are available. Guides meet in Hoddesdon, Broxbourne, Wormley, Cheshunt, Waltham Cross, Goffs Oak and Cuffley.

Weekly sessions run for around one and a half hours. For further details please call 0800 169 5901.



Girlguiding UK
girls in the lead

Time: Sessions run between
7pm - 9.30pm.

St. John Ambulance Cadets (Hoddesdon)

Ages: 10 - 18

Cadets take part in an interactive and full programme which enables them to learn important life skills in a fun and safe environment. For further information please contact Sarah King on 01992 308644 or 07818 068670.

Cost: £15 per term

SCOUTS



Scouting provides a wide range of activities for all ages and abilities to help young people achieve their full physical, intellectual, social and spiritual potential as individuals, responsible citizens and as members of their local, national and international community.

1st Cheshunt Scout Group

Rowlands Scout Hut, Cheshunt.
Call Paul Mills 01992 632498.

2nd Cheshunt Scout Group

Burgess Hall, Goff's Lane, Cheshunt.
Call Richard Bristow 01992 638990.

2nd Hoddesdon Scout Group

Salisbury Road, Hoddesdon.
Call Paul Smith 01992 443401.

3rd Hoddesdon Scout Group

Foxton Road, Hoddesdon.
Call Karen Salawu 01992 441718.

5th Hoddesdon Scout Group

Highwood Road, opp Roseland School,
Hoddesdon,
Call Helen Peachment 01992 420578.

There are twelve scout groups across the borough. Groups run on various days and from a variety of venues.

For further information please call Frances Johnson (district commissioner) on 0845 643 6943.

Phoenix Explorer Scout Unit

1st Turnford Scout HQ, Nightly's Park,
Mill Lane, Cheshunt.
Call Gill Pearce 01992 640295.

1st Turnford Scout Group

Nightly's Park, Mill Lane, Cheshunt.
Call Beverly Johnston 01992 464764.

1st Wormley Scout Group

Scout HQ, Cozens Lane West, Broxbourne.
Call Arthur Phipps 01992 461460.



OUTDOOR ACTIVITIES & YOUTH FACILITIES

Lee Valley Regional Park



Explore our nature reserves, country parks, riverside trails, heritage sites and gardens. Enjoy our Farms, a round of golf, horse riding or ice skating.

Visit our website for details on our events and great days out.

08456 770 600 www.leevalleypark.org.uk

Outdoor Facilities

Broxbourne Council has allocated significant resources to develop outdoor play facilities for children and young people throughout the Borough. Sites that have specific facilities for young people (aged 11 - 17 years old) include:

- **Broxbourne** - Station Road - Playbuilder site (for ages 8 - 13) and dirt ramps
- **Cheshunt** - Grundy Park - Kickabout court
- **Cheshunt** - Nightleys Park - Kickabout court and dirt ramps
- **Goffs Oak** - Valley View - Kickabout court
- **Hammond Street** - Kickabout court
- **Hoddesdon** - Pound Close - Skate park and Kickabout court
- **Hoddesdon** - Pitfield - Playbuilder site (for ages 8 - 13) and dirt ramps
- **Rye Park** - Old Highway Recreation Ground - Kickabout court
- **Turnford** - Canada Fields - Kickabout court
- **Waltham Cross** - Station Approach - Skate park and Kickabout court
- **Waltham Cross** - Holdbrook Estate - Kickabout court
- **West Cheshunt** - Cheshunt Park - Kickabout court
- **West Cheshunt** - Goffs Lane Open Space - Kickabout court and dirt ramps
- **Wormley** - Macers Court - Kickabout court.

Please see page 17 for details of a consultation event about a proposed new skatepark in Cheshunt Park.



STREETWORK

Detached Youth Work

This is defined by the National Youth Agency as 'making contact with young people who cannot, or choose not to, use youth centres'.

Detached youth workers meet young people in their own spaces, for instance parks, bus shelters, shopping centres or on the street.

Broxbourne Street Pastors

Young people out and about in the Borough of Broxbourne on Friday and Saturday evenings might encounter Street Pastors.



In their distinctive blue jackets and caps, the Street Pastors are there to assist people who are in difficulties, to listen to them, give advice and any practical help they can.

They are members of local churches but are not there to preach but rather to help those that they meet and to make their communities a safer place.

For further information contact Alison Hicks on 07962 979547.

Broxbourne Council

Broxbourne Council's detached workers operate the following projects:

Mondays 6.30pm - 8.30pm: Bury Green and Rosedale. This project engages with young people throughout West Cheshunt, advising them on what is available for them to do locally and developing new projects based on what young people want to do.

For further information please call the Council's Community Development Team on 01992 785555 x 5908.

Youth Connexions Hertfordshire

The Youth Connexions Hertfordshire detached team operates on the following evenings:

Mondays (6pm - 9pm):
Cheshunt, Turnford and Wormley

Wednesdays (6pm - 9pm):
North Hoddesdon, Old Highway,
Pound Close

Fridays (6pm - 9pm):
Waltham Cross and West of the A10

Fridays (6pm - 9pm):
Hoddesdon

For more information
call 01992 588220.



ADVICE SERVICES & VOLUNTEERING



Connexions Direct

Connexions Direct is a telephone and internet based service that offers a quick and easy way to get confidential free advice on just about anything. Advisers are available 8am to 2am seven days a week.

Webchat/email:

www.connexions-direct.com

Tel: 080800 13219 Text: 07766413219.

The Princes Trust

Term Time, 10am - 3.30pm (Mon-Fri)
Hertford Regional College (Broxbourne Centre) Turnford.

The Prince's Trust project is a 12 week programme for young people in Broxbourne. The project offers young people the chance to learn team building skills, project planning and to go on a work placement.

For further information please contact Joe Griffiths on 07815 733720 or 01992 411412.

Cost: Free



Youth Connexions

Youth Connexions Hertfordshire is part of a national service for young people aged 13 - 19 years and provides confidential advice, support and information. Topics include careers, education, housing, relationships, money, travel, bullying, free time and health. Youth Connexions Hertfordshire has local offices and advisers: There are Youth Connexions Personal Advisers (PAs) in every secondary school in Broxbourne Borough. PAs offer the confidential advice, support and information listed above. PAs can be contacted through school heads of year/year directors and can meet young people inside or outside school. Alternatively, PAs can be contacted by calling 01992 903232.

For more information on Youth Connexions locally visit



www.youthconnexions-hertfordshire.org

Citizens' Panel - be heard!

The Council is looking for young people who want to have a say in what happens in their local community. The Broxbourne Citizens' Panel is a group of local residents which the Council will consult from time to time to gauge opinions on local matters and seek suggestions on how services can be improved. If you want to take part in the Citizens' Panel to ensure the views of younger people are heard, or just want to know more, visit www.broxbourne.gov.uk/council_and_democracy/public_meetings.aspx, or phone 01992 785630.

Herts Young Homeless Group

Herts Young Homeless Group is an independent charity working with young people aged 16-25yrs old across Hertfordshire who are homeless or threatened with homelessness. Referrals can come via the gateway on 0844 833 0933.

Cheshunt Office, 178 Crossbrook Street, Cheshunt, Herts, EN8 8JY.

Monday to Fridays, 9am-5pm.

Tel: 01992 635001 for further information.

Housing Needs Service

The Housing Needs Service at Broxbourne Council provides advice and assistance to people aged over 16 who have housing difficulties. Information can be given on a range of issues and referrals can be made to a number of other agencies if necessary.

Broxbourne Borough Council, Bishops' College, Churchgate, Cheshunt, Herts, EN8 9LX. Tel: 01992 785505.

Drop In: Information and Counselling for Young People

92b Turners Hill, Cheshunt, EN8 8LQ

Advice, information and counselling for young people aged 11-25.

Tel 01992 623494 or email dropin.agency@btconnect.com

Youth Connexions Hertfordshire - Cheshunt One Stop Shop

Monday - Thursday, 1pm - 6pm

Fridays 1pm - 4.30pm

178 Crossbrook Street, Waltham Cross, EN8 8JY

No appointment needed

- C-Card scheme. Distribution and Registration
- Sexual Health
- Providing free condoms, Chlamydia screening (emergency contraception - Monday only), pregnancy testing, sexual and general health advice. Nurse available Mondays.
- 13 - 25 years old.

Information Advice and Guidance

Information can be found to support a wide range of questions and issues, such as:

- Benefits/Finance
- Homelessness
- Drugs/Alcohol
- Sexual Health
- Training
- Education
- Employment
- Self esteem/Confidence
- Counselling
- Positive activities -
- Places to go, things to do.

Call 01992 635000 for further information.



Hoddesdon Youth Connexions Drop In

Mondays, 3.30pm - 5.30pm

The Ark Children's Centre,
Haslewood Avenue, Hoddesdon,
Herts EN11 8HT

Offering the opportunity to sit down and discuss a wide range of topics privately and confidentially. Sexual health advice, support and information. C-Card - free condom scheme, pregnancy testing, Chlamydia testing.

Young Carers Project

Ages: 9 - 18

Carers in Hertfordshire Young Carers Project provides help, support, information and an annual programme of free trips and activities for young carers, to give them 'time out' from their caring role. The opportunity to meet with other young people in similar situations and to have fun. Trips and activities are free to young carers registered with the Project. We are a County wide project and meet according to the annual programme of activities. For further information please contact Cindy Honour on 01992 586969.

EXTENDED SERVICES

Churchgate Community Partnership

Welcome to our new Churchgate Community Partnership

Our partnership exists to meet the needs of children, young people and their families. We work together to provide a range of high quality services, support and activities that promote personal development and standards of learning.

Our team works from a number of different locations in the local community to ensure that our services can be easily accessed by all. Partners in our team include:

Allsorts Children's Centre
Andrew's Lane Primary & Nursery School
Bonneygrove Primary & Nursery School
Fairfield's Primary & Nursery School
Flamstead End Primary & Nursery School

Goffs Oak Primary & Nursery School
Longfield Children's Centre & Nursery
St Paul's Catholic Primary School
Woodside Primary & Nursery School
St Mary's CE High School

We welcome individuals or families that would like to use our services or become more involved in community work.

If you would like more details or to register for regular updates about our exciting programmes and services, please contact our Family Support Team

Telephone: 01992 629124

Email: admin@churchgate.org.uk

Website: www.churchgate.org.uk



Cheshunt Extended Services (registered charity number 1139435)

Bringing together Children, Young People, Families and the Local Community

Turnford School, Mill Lane, Cheshunt, Hertfordshire, EN8 0JU

Tel: 01992 308333, Fax: 01992 309444

Mission Statement

Bringing together Children, Young People, Families and the Local Community.



Objective

ChExs aim to provide and assist in the provision of educational services, extra curricular activities, child care and extended services for the benefit of the communities of Cheshunt and the surrounding area. Cheshunt Extended Services is a charitable group that works closely with statutory, voluntary and community settings including primary, secondary and special schools, children's centres, Hertfordshire County Council, housing associations, CVS and residents' associations. We have also forged support and in depth partnerships with corporate companies including Sainsbury's and Aylett Nursery. These collaborative networks enable ChExs to support community projects through complementing and delivering key services fitting with the core values shown below for the good of the community.

ChExs has a special relationship with Schools and Children Centres these include:

1. Arlesdene Nursery & Children Centre
2. Brookland Infant and Nursery
3. Brookland Junior
4. Burleigh Primary
5. Cheshunt Secondary
6. Churchfield Primary
7. Dewhurst St Mary C of E Primary
8. Downfield JMI
9. Goffs Secondary
10. Four Swannes Primary
11. Greenfield Nursery & Children Centre
12. Holdbrook Primary
13. Holy Trinity C of E Primary
14. Hurst Drive Primary
15. Longlands Primary
16. Millbrook Primary and Nursery
17. St Joseph's Catholic Primary
18. Turnford Secondary

Services provided include parenting support, integrated practice for children and young people ensuring early intervention, adult and family learning platforms, enrichment programmes for children and young people to develop key skills linked to attainment, achievement and personal development and support local community groups to meet their specific needs and requirements. ChExs works holistically aiming to meet the needs of all within our area.

If you would like any more information about Extended Services, have any suggestions or would like to be involved in any way please contact us. Thanks for your time and we look forward to working closely with you all to help provide services/activities and clubs to Cheshunt and surrounding areas.

“Everyone is Welcome”

All Borough of Broxbourne facilities offer access to people with disabilities:

- Grundy Park Leisure Centre and The John Warner Sports Centre swimming pools have a hoist
- Low cost or free activities available
- Accessible parking bays

To advertise/promote your youth activities and services in this brochure please contact Broxbourne Borough Council on 01992 785555 extension 5909.

Customers First

We continually strive to ensure that your needs are met and where possible exceeded. Customer comments are important, you can make suggestions or comments regarding any aspect of our service by:

- Speaking to a member of staff
- Completing a Customer First comment card, from which you will receive a reply within ten days of your comment being received
- Attending a Customer Advisory Panel or Meet the Manager session
- Contacting the appropriate centre's main reception

A Council leaflet 'How to Comment on the Council and its services' gives further information on how to comment on, compliment or complain about Council services and how this will be dealt with. Copies of this are available from Council facilities and One Stop Shops.

Photographs may be taken by Borough of Broxbourne representatives for promotional purposes during activities and events. If you object to your photo being taken you need to make this known at the beginning of the activity.

YOUTH WEBSITE

Keep visiting the Broxbourne Youth Website at:

www.broxbourne.gov.uk/youth

for the latest updates on new activities and services for young people.



If you have any comments or would like more information on the featured events, or perhaps you want to advertise in this publication? Please contact us on 01992 785555 extn: 5909 or e-mail leisure@broxbourne.gov.uk